November 2026

MEMORY SUPPORT ACTIVITIES SUBJECT TO CHANGE WITHOUT NOTICE

SUN	MON	TUE	WED	THUR	FRI	SAT
1 **Daylight Savings Time Ends** 9:30 AM Games (Memory Support) 10:30 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Movie Time 3:30 PM Bingo	**2** 9:30 AM Games (Memory Support) 10:00 AM Sittercise (Memory Support) 10:30 AM Interactive Games 11:00 AM Sing-Along (MS) 1:30 PM Creative Coloring 2:30 PM Fun & Fitness (Memory Support) 3:00 PM Pet Therapy	**3** 9:30 AM Trivia 10:30 AM Cuddle Cove Nursery 11:00 AM Sensory Activity 11:30 AM Balance & Flexibility (Memory Support) 1:30 PM Creative Coloring 2:00 PM Games (Memory Support) 3:00 PM Yoga (Memory Support)	**4** 9:30 AM Games (Memory Support) 10:00 AM Bingo 11:00 AM Trivia 11:30 AM Fun & Fitness (Memory Support) 1:30 PM Creative Coloring 1:45 PM Music Therapy with Christina 3:00 PM Balance & Flexibility (Memory Support)	**5** 9:30 AM Let's Play Ball 11:00 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:30 PM Pamper Corner 3:00 PM Yoga (Memory Support) 4:00 PM Happy Hour	**6** 9:30 AM Trivia 10:00 AM Memory Training Games (MS) 10:30 AM Creative Coloring 11:15 AM Balance & Flexibility (Memory Support) 1:30 PM Art Corner 2:30 PM Zumba (MS) 3:30 PM Fun & Fitness (Memory Support)	**7** 11:00 AM Worship and Song 1:30 PM Creative Coloring 1:30 PM Current Events 3:00 PM Melodies & Memories 3:30 PM Games
8 **Diwali** 9:30 AM Games (Memory Support) 10:30 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Movie Time 3:30 PM Bingo	**9** 9:30 AM Games (Memory Support) 10:00 AM Sittercise (Memory Support) 10:30 AM Interactive Games 11:00 AM Sing-Along (MS) 1:30 PM Creative Coloring 2:30 PM Fun & Fitness (Memory Support) 3:00 PM Pet Therapy	**10** 9:30 AM Trivia 10:30 AM Cuddle Cove Nursery 11:00 AM Sensory Activity 11:30 AM Balance & Flexibility (Memory Support) 1:30 PM Creative Coloring 2:00 PM Games (Memory Support) 3:00 PM Yoga (Memory Support)	**11** **Veterans Day** 9:30 AM Games (Memory Support) 10:00 AM Bingo 11:00 AM Trivia 11:30 AM Fun & Fitness (Memory Support) 1:30 PM Creative Coloring 1:45 PM Music Therapy with Christina **3:00 PM Veterans Day Tribute (AUD)** 3:00 PM Balance & Flexibility (Memory Support)	**12** 9:30 AM Let's Play Ball 11:00 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:30 PM Pamper Corner 3:00 PM Yoga (Memory Support) 4:00 PM Happy Hour	**13** 9:30 AM Trivia 10:00 AM Memory Training Games (MS) 10:30 AM Creative Coloring 11:15 AM Balance & Flexibility (Memory Support) 11:45 AM Outing to the Pool (Poolside) 1:30 PM Sing-Along Fun 2:30 PM Zumba (MS) 3:30 PM Fun & Fitness (Memory Support)	**14** 11:00 AM Worship and Song 1:30 PM Creative Coloring 1:30 PM Current Events 3:00 PM Melodies & Memories 3:30 PM Games
15 9:30 AM Games (Memory Support) 10:30 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Movie Time 3:30 PM Bingo	**16** 9:30 AM Games (Memory Support) 10:00 AM Sittercise (Memory Support) 10:30 AM Interactive Games 11:00 AM Sing-Along (MS) 1:30 PM Creative Coloring 2:30 PM Fun & Fitness (Memory Support) 3:00 PM Pet Therapy	**17** 9:30 AM Trivia 10:30 AM Cuddle Cove Nursery 11:00 AM Sensory Activity 11:30 AM Balance & Flexibility (Memory Support) 1:30 PM Creative Coloring 2:00 PM Games (Memory Support) 3:00 PM Yoga (Memory Support)	**18** 9:30 AM Games (Memory Support) 10:00 AM Bingo 11:00 AM Trivia 11:30 AM Fun & Fitness (Memory Support) 1:30 PM Creative Coloring 1:45 PM Music Therapy with Christina 3:00 PM Balance & Flexibility (Memory Support)	**19** 9:30 AM Let's Play Ball **10:00 AM Assisted Living Resident Council Meeting (AL)** 11:00 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Birthday Night Entertainment (Robert Albert) 2:30 PM Pamper Corner 3:00 PM Yoga (Memory Support) 4:00 PM Happy Hour	**20** 9:30 AM Trivia 10:00 AM Memory Training Games (MS) 10:30 AM Creative Coloring 11:15 AM Balance & Flexibility (Memory Support) 11:45 AM Outing to the Pool (Poolside) 1:30 PM Art Corner 2:30 PM Zumba (MS) 3:30 PM Fun & Fitness (Memory Support)	**21** 11:00 AM Worship and Song 1:30 PM Creative Coloring 1:30 PM Current Events 3:00 PM Melodies & Memories 3:30 PM Games
22 9:30 AM Games (Memory Support) 10:30 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Movie Time 3:30 PM Bingo	**23** 9:30 AM Games (Memory Support) 10:00 AM Sittercise (Memory Support) 10:30 AM Interactive Games 11:00 AM Sing-Along (MS) 1:30 PM Creative Coloring 2:30 PM Fun & Fitness (Memory Support) 3:00 PM Pet Therapy	**24** 9:30 AM Trivia 10:30 AM Cuddle Cove Nursery 11:00 AM Sensory Activity 11:30 AM Balance & Flexibility (Memory Support) 1:30 PM Creative Coloring 2:00 PM Games (Memory Support) 3:00 PM Yoga (Memory Support)	**25** 9:30 AM Games (Memory Support) 10:00 AM Bingo 11:00 AM Trivia 11:30 AM Fun & Fitness (Memory Support) 1:30 PM Creative Coloring 1:45 PM Music Therapy with Christina 3:00 PM Balance & Flexibility (Memory Support)	**26** **Thanksgiving** 9:30 AM Let's Play Ball 11:00 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:30 PM Pamper Corner 3:00 PM Yoga (Memory Support) 4:00 PM Happy Hour	**27** 9:30 AM Trivia 10:00 AM Memory Training Games (MS) 10:30 AM Creative Coloring 11:15 AM Balance & Flexibility (Memory Support) 11:45 AM Outing to the Pool (Poolside) 1:30 PM Sing-Along Fun 2:30 PM Zumba (MS) 3:30 PM Fun & Fitness (Memory Support)	**28** 11:00 AM Worship and Song 1:30 PM Creative Coloring 1:30 PM Current Events 3:00 PM Melodies & Memories 3:30 PM Games
29 9:30 AM Games (Memory Support) 10:30 AM Cuddle Cove Nursery 1:30 PM Creative Coloring 2:00 PM Movie Time 3:30 PM Bingo	**30** 9:30 AM Games (Memory Support) 10:00 AM Sittercise (Memory Support) 10:30 AM Interactive Games 11:00 AM Sing-Along (MS) 1:30 PM Creative Coloring 2:30 PM Fun & Fitness (Memory Support) 3:00 PM Pet Therapy	**LOCATION KEY** AL - Assisted Living Activity Room AUD - Auditorium				